my hope is that a little bit of that rubs off onto you - я надеюсь, что немного этого отразится на тебе.

hopefully you can pick it up a lot sooner - Надеюсь, ты сможешь забрать его намного раньше.

What are you urging them to do - Что ты заставляешь их делать?

is don't sleepwalk through life

I think this is good advice because many people do not know how to make money on what we love to do.   
Sometimes people don’t know what they really like to do. And therefore, they work in unloved jobs, they have daily stress. They lose their mood because of this, their health deteriorates.

that's why I decided to become a programmer, because in my childhood I was able to program, I liked it. But in my environment, it was strange to be an excellent student and smart. And when I got 5 points my friends - classmates told me- Are you an excellent student?

**take a daily confrontation with, is fear**

I think that of all the tips from this video for me is the most important thing.

In order to grow, you need to overcome fears. And the most important thought from this advice is

God placed the best things in life,

on the other side of terror,

on the other side of your maximum fear

are all of the best things in life.

and I totally agree with that

When you free yourself from fear, you become much freer and confidence.

**stop complaining.**

To complain about something in my life is to relieve myself of responsibility for it. I treat my life according to the rule - everything that happens to me is deserved.

**know your destination.**

when we're given a clear destination,

we use our own creativity and our own sense of innovation

and our own problem solving abilities

to overcome obstacles to get to the destination.

In order to achieve the goal you need only intention.

And the obstacles will no longer be important if there is an intention and understanding of the direction.

enjoy life.

**All we do is to improve our life and enjoy it. And as Jack Ma, I don’t want to die at work, I would die in a space hotel**